

# Bearor Family Chiropractic Health Profile

Name \_\_\_\_\_ Date \_\_\_/\_\_\_/\_\_\_ Age \_\_\_\_\_ Male/Female

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone: Cell \_\_\_\_\_ Home \_\_\_\_\_

Email Address \_\_\_\_\_ Date of Birth \_\_\_/\_\_\_/\_\_\_

Occupation \_\_\_\_\_ Employer's Name \_\_\_\_\_ Type of Work \_\_\_\_\_

Single / Married / Divorced / Widowed Spouse's Name \_\_\_\_\_

Number of Children \_\_\_\_\_ Names, Ages, & Gender \_\_\_\_\_

Who may we thank for referring you? \_\_\_\_\_

**LIST YOUR HEALTH CONCERNS BELOW**

Health Concerns: List according to severity	Rate of Severity 1= mild 10=unbearable	When did this episode start?	If you had the condition before, when?	Did the problem begin with an injury	Are symptoms constant or Intermittent?
1. _____	_____	_____	_____	_____	_____
2. _____	_____	_____	_____	_____	_____
3. _____	_____	_____	_____	_____	_____
4. _____	_____	_____	_____	_____	_____
5. _____	_____	_____	_____	_____	_____

Have you ever seen other doctors for these conditions? YES / NO

Chiropractor \_\_\_\_\_ Medical Doctor \_\_\_\_\_ Other \_\_\_\_\_

Who and when? \_\_\_\_\_

**CIRCLE ALL CURRENT HEALTH PROBLEMS YOU HAVE**

- |                |                    |                 |                        |                                |
|----------------|--------------------|-----------------|------------------------|--------------------------------|
| DIZZINESS      | THROAT ISSUES      | KIDNEY PROBLEMS | TMJ - RIGHT/ LEFT      | NUMBNESS IN ARMS - RIGHT/ LEFT |
| HEADACHES      | THYROID PROBLEMS   | MID BACK PAIN   | HIP PAIN - RIGHT/LEFT  | NUMBNESS IN HAND - RIGHT/LEFT  |
| VERTIGO        | ASTHMA             | IRRITABLE BOWEL | LEG PAINS - RIGHT/LEFT | NUMBNESS IN LEGS - RIGHT/ LEFT |
| ULCERS         | EAR INFECTIONS     | LIVER DISEASE   | ARM PAIN - RIGHT/LEFT  | NUMBNESS IN FEET- RIGHT/LEFT   |
| NAUSEA         | CHRONIC FATIGUE    | ALLERGIES       | KNEE PAIN - RIGHT/LEFT | SHOULDER PAIN - RIGHT/ LEFT    |
| NECK PAIN      | LOW BACK PAIN      | CHEST PAIN      | SCIATICA - RIGHT/LEFT  | STOMACH DISORDERS              |
| MIGRAINE       | HEART DISORDERS    | FIBROMYALGIA    | BLADDER PROBLEMS       | GASTRIC REFLUX                 |
| ADD/ADHD       | CHRONIC SINUS      | ANXIETY         | PAIN IN BUTTOCK        | NERVOUS/NERVOUSNESS            |
| DISC PROBLEM   | EPILESPY           | INFERTILITY     | MENSTRUAL DISORDER     | MID-BACK STIFFNESS             |
| NECK STIFFNESS | LOW BACK STIFFNESS |                 |                        |                                |

**CIRCLE ANY CONDITION YOU HAVE NOW / HAVE HAD:**

STROKE    CANCER    HEART DISEASE    SPINAL SURGERY    SEIZURES    SPINAL BONE FRACTURE    SCOLIOSIS    DIABETES

**LIST ALL** Surgical Operations & Years \_\_\_\_\_

**OTHER TRAMUAS:** \_\_\_\_\_

**LIST ALL** Over the Counter & Prescription Medications You Are On:  
\_\_\_\_\_  
\_\_\_\_\_

Have you ever been in an auto accident? YES / NO    When? \_\_\_\_\_

Have you had previous chiropractic care? YES / NO    When was your last visit? \_\_\_\_\_ How often did you go? \_\_\_\_\_

What was the reason for your initial visit there? \_\_\_\_\_

How long were you receiving chiropractic adjustments? \_\_\_\_\_ Why did you discontinue care? \_\_\_\_\_

**SOCIAL HISTORY**

1. **SMOKING:** \_\_\_Cigars \_\_\_Pipe \_\_\_Cigarettes → How Often? \_\_\_Daily \_\_\_Weekends \_\_\_Occasionally \_\_\_Never

2. **EXERCISE:** → How Often? \_\_\_Daily \_\_\_Weekends \_\_\_Occasionally \_\_\_Never

3. How does your present problem affect the following? **Hobbies / Recreational Activities/ Exercises Regime**  
\_\_\_\_\_

4. What Daily Activities are being restricted by your current health problems:  
\_\_\_\_\_  
\_\_\_\_\_

**\*PLEASE MARK** the areas on the Diagram with the following **LETTERS** to describe your symptoms:

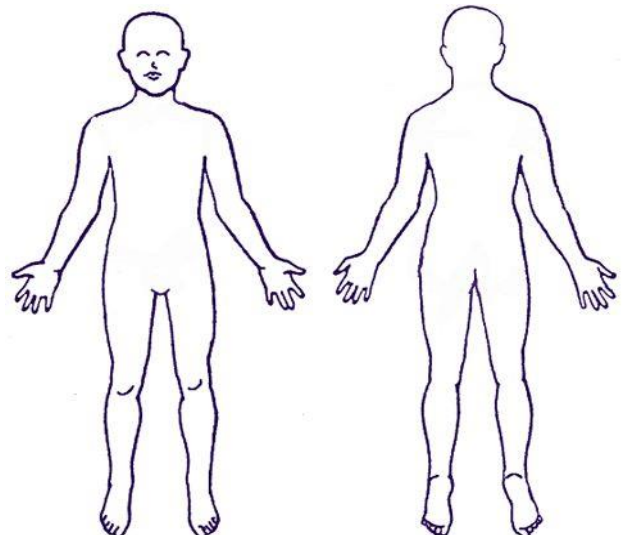
**R= Radiating B= Burning D=Dull A=Aching N=Numbness S=Sharp/Stabbing T=Tingling**

What relieves your symptoms? \_\_\_\_\_

\_\_\_\_\_

What make them feel worse? \_\_\_\_\_

\_\_\_\_\_



# QUADRUPLE VISUAL ANALOGUE SCALE

Patient Name: \_\_\_\_\_

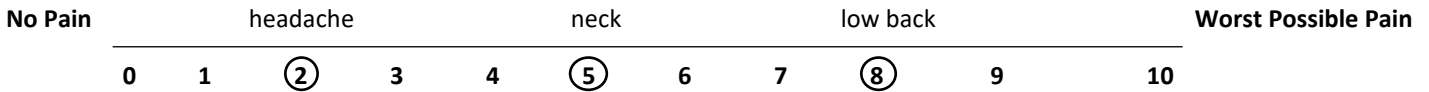
Date: \_\_\_\_\_

**Please read carefully:**

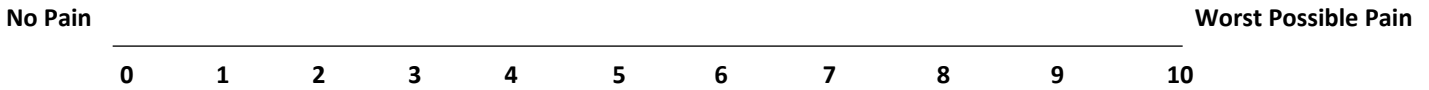
**Instructions:** Please circle the number that best describes the question being asked.

**Note:** If you have more than one complaint, please answer each question for each individual complaint and indicate the score for each complaint. Please indicate your pain level right now, average pain, and pain at its best and worst.

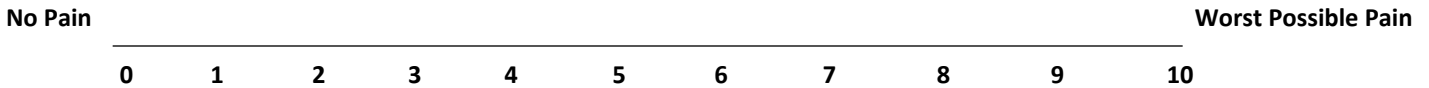
**Example:**



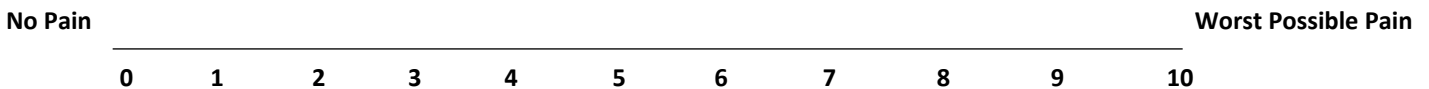
1. What is your pain **RIGHT NOW**?



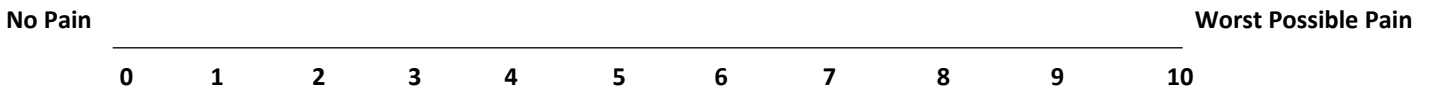
2. What is your **TYPICAL** or **AVERAGE** pain?



3. What is your pain level **AT ITS BEST** (How close to "0" does it get at its best)?



4. What is your pain level **AT ITS WORST** (How close to "10" does your pain get at its worst)?



**OTHER COMMENTS:**

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\_\_\_\_\_ Examiner



# Family Health History

This form is to assist the doctor by providing past health history information for his review.

\_\_\_\_\_  
Please Print Your Name Here

\_\_\_\_\_  
Date

CONDITION	SPOUSE	SON	DAUGHTER	MOTHER	FATHER
ARM PAIN					
ARTHRITIS					
ASTHMA					
ADD/ADHD					
ALLERGIES					
BACK TROUBLE					
BED WETTING					
CANCER					
CARPAL TUNNEL					
DECEASED					
DIGESTIVE PROBLEMS					
DISC PROBLEMS					
EAR INFECTIONS					
FIBROMYALGIA					
HEADACHES					
HEARTBURN					
HIGH BLOOD PRESSURE					
HIP PAIN					
LEG PAIN					
MENSTRUAL DISORDER					
MIRGRAINES					
NECK PAIN					
SCOLIOSIS					
SHOULDER PAIN					
SINUS TROUBLE					
TMJ					
DIABETES					

## X-RAY AUTHORIZATION

As your healthcare provider, we are legally responsible for your chiropractic records. We must maintain a record of your X-rays in our files.

**PLEASE NOTE:** X-Rays are utilized in this office to help locate and analyze vertebral subluxations. These x-rays are not used to investigate for medical pathology. The doctor of Bearor Family Chiropractic do not diagnose or treat medical conditions; However, if any abnormalities are found, we will bring it to you attention so that you can seek proper medical advice.

**BY SIGNING BELOW YOU ARE AGREEING TO THE ABOVE TERMS AND CONDITIONS.**

\_\_\_\_\_  
Print Your Name Here

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Your Age

**FEMALE PATIENTS ONLY:** To the best of my knowledge, I BELIEVE I AM NOT PREGNANT at the time X-rays are taken at Bearor Family Chiropractic.

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date

DO NOT WRITE BELOW THIS LINE

Lateral Cervical	A-P Cervical	A-P Thoracic
Lateral Lumbar	A-P Lumbar	Notes: _____ _____ _____ _____ _____

## Terms of Acceptance

In order to provide the most effective healing environment, most effective application of chiropractic procedures, and the strongest possible doctor-patient relationship, it is our wish to provide each patient with a set of parameters and declarations that will facilitate the goal of optimum health through chiropractic.

To that end, we ask that you acknowledge the following point regarding chiropractic care and the services that are offered through our office:

- A. Chiropractic is a very specific science, authorized by law to address spinal health concerns and needs. Chiropractic is a separate and distinct science, art and practice. It is not the practice of medicine.
- B. Chiropractic seeks to maximize the inherent healing power of the human body by restoring normal nerve functions through the adjustment of spinal subluxation(s). Subluxations are deviations from normal spinal structures and configurations that interfere with normal nerve processes.
- C. The chiropractic adjustment process, as defined in the law and jurisdiction, involves the application of a specific directional thrust to a region or regions of the spine with the specific intent of re-positioning misaligned spinal segments. This is a safe effective procedure applied over one million times each day by doctors of chiropractic in the United States alone.
- D. A thorough chiropractic examination and evaluation is part of the standard chiropractic procedure. The goal of this process is to identify any spinal health problems and chiropractic needs. If during this process, any condition or question outside the scope of chiropractic is identified, you will receive prompt referral to an appropriate provider or specialist, according to initial indications of the need.
- E. Chiropractic does not seek to replace or compete with your medical, dental or other type(s) of health professionals. They retain responsibility for care and management of medical conditions. We do not offer advice regarding treatment prescribed by others.
- F. Your compliance with care plans, home and self-care, etc., is essential to maximum healing and optimal health through chiropractic.
- G. We invite you to speak frankly to the doctor on any matter related to your care at this office, its nature, duration, or cost, is what we work to maintain as a supporting, open environment.

By my signature below, I have read and fully understand the above statements.

All questions regarding the doctor's objectives pertaining to my care in this office have been answered to my satisfaction. I therefore accept chiropractic care on this basis.

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date

## Notice of Privacy Practices Acknowledgement

I understand that I have certain rights of privacy regarding my protected health information, under the Health Insurance Portability & Accountability Act of 1996 (HIPAA). I understand that this information can and will be used to:

- 1. Conduct, plan and direct my treatment and follow-up among the multiple healthcare providers who may be involved in that treatment directly or indirectly.
- 2. Obtain payment from third-party payers.
- 3. Conduct normal healthcare operations, such as assessments and physician's certifications.
- 4. This office provides chiropractic care in a partially open adjusting environment.
- 5. It is also the practice of this office to display, on a bulletin board, patients celebrating birthdays for the month, as well as displaying each new patient and the person who referred them to our office, as well as paper sign in sheets.

I acknowledge that I may request your NOTICE OF PRIVACY PRACTICES containing a more complete description of the uses and disclosures of my health information. I also understand that I may request, in writing, that you restrict how my private information is used to disclose to carry out treatment, payment, or healthcare operation. I also understand you are not required to agree to my requested restrictions, but if you agree, then you are bound to abide by such restrictions.

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date

**INFORMED CONSENT FOR CHIROPRACTIC CARE**

Chiropractic care, like all forms of health care while offering considerable benefits may also provide some level of risk. This level of risk is most often very minimal, yet in rare cases, injury has been associated with chiropractic care. The types of complications that have been reported secondary to chiropractic care include: sprain/strain injuries, irritation of a disc condition, and rarely, fractures. One of the rarest complications associated with chiropractic care occurring at a rate between one instances per one million to one per two million cervical spine (neck) adjustments may be a vertebral injury that could lead to a stroke.

Prior to receiving chiropractic care at Bearor Family Chiropractic, a health history and physical examination will be completed. These procedures are performed to assess your specific conditions, your overall health and in particular your spinal health. These procedures will assist us in determining if chiropractic care is needed, or if any further examinations or studies are needed. In addition, they will help us determine if there is any reason to modify your care or provide you with a referral to another health care provider. All relevant findings will be reported to you along with a care plan prior to beginning care.

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I understand and accept that there are risks associated with chiropractic care and give consent to the examination that the doctor deems necessary and the chiropractic care, including spinal adjustments, as reported following my assessment.

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Print Practice Member's Name Here

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Practice Member's Signature

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Date

**If practice member is a minor/child, parent or guardian must sign below.**

Name of practice member is a minor/child \_\_\_\_\_

I authorized Dr. R Nathan Bearor and any and all of Bearor Family Chiropractic Staff to perform diagnostic procedures, radiographic evaluations, render chiropractic care and perform chiropractic adjustments to my minor/child.

As of this date, I have the legal right to select and authorize health care services for my minor/child. If my authority to select and authorize care is revoked or altered, I will immediately notify Bearor Family Chiropractic.

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Signature of Guardian

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Date

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Relationship to minor/child

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witness signature